



# Riverside Senior Life Communities Caregiver Support Group

**Presented by:**

**Alzheimer's Association**

**Illinois**

**2nd Tuesday of Month**

*2 locations with 2 different times to offer more choices:*

**3 - 4pm – Riverside Independent Living:**

100 Westwood Oaks Court - Kankakee, IL 60901

**5 - 6pm – Riverside Assisted Living:**

85 East Burns Road - Bourbonnais IL 60901

**Call to Register: 800.272.3900**

Hosted by:



## **Build a support system with people who understand.**

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.