



## Nursing Spotlight

This month we feature Alyssa Brack, RN, BSN, RN-BC and Abbey Banter RN, BSN, RNC-OB. Alyssa is a nurse on 2MedPeds and has been with Riverside for almost five years! Abbey has been a Labor and Delivery nurse for 15 years and with us here at Riverside for 6 years! Thanks to your dedication to nursing and Riverside, Alyssa and Abbey!

### What did you want to be when you grew up?

Growing up, I always knew that I wanted to be in the healthcare field somehow. As I grew older, I learned that it was as a nurse. I've always been intrigued and fascinated by this field.

### Which Riverside educational opportunities did you pursue/participate in?

I have utilized the Nursing Excellence Funds and participated in Emerging Leaders. They have both helped me to further my education in the healthcare field and give me the background and information needed to continue to advance.

### What do value/like the most about your role in nursing today at Riverside?

I value being at the bedside with my patients. It allows me to connect and help them feel safe and secure while they're here. I also enjoy trying to heal them and finally being able to see them leave much healthier than when they first arrived.

### What makes you excited to come to work each day/pursue your career? What are you passionate about? What brings a smile to your face at work?

My coworkers make my day. I might be biased, but I feel like I work with the best group of nurses, techs, social workers, case managers, housekeeping and doctors, and anyone else I may have missed. They make my day enjoyable even at the worst times. Caring for patients is my passion, which caring for them can get overwhelming at times. My support on my unit makes it bearable and can make it enjoyable too.

Alyssa Brack, RN, BSN, RN-BC



(Nurse Spotlight continued on page 2.)



## Magnet Minute

## Nursing Spotlight



### **What led you to nursing as a career?**

As a child, my favorite subject in school was always science. As I got older I knew that I wanted to work in the medical field but didn't decide on nursing until I was actually visiting colleges. I knew very early on while going through my nursing program that maternal health nursing was the type of nursing I wanted to focus on. After graduating I was lucky enough to get a position on a labor and delivery unit as a new grad! For the last 15 years, labor and delivery has been my nursing life!

### **How did your education prepare you for your current role?**

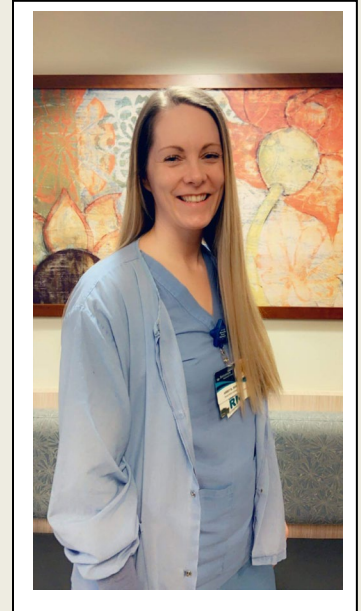
I completed my BSN and then spent the first 9 years of my career on a very busy high-risk L&D unit. During my time there, I achieved my certification in inpatient obstetrics. I have now been at Riverside for the last 6 years. Working on a high-risk unit gave me a wonderful knowledge base of obstetric nursing. Transitioning to a smaller, community-based hospital was definitely an adjustment, but my clinical skill and autonomy as a nurse have increased immensely over the last few years. I am currently working on completing my certification in fetal monitoring as well.

### **What do you value/like the most about your role in nursing today at Riverside?**

I believe we have the opportunity to make a huge impact on the families in this community. I love being able to have continuity of care when I see a patient throughout her pregnancy and then with her delivery, and potentially even with her next pregnancy as well. I want each and every one of my patients to have the best experience as possible as they bring a new baby into their family. I feel that the more experience and education I have, the better I am able to educate my patients. I also enjoy teaching new labor and delivery nurses as they begin their journey in this area of nursing.

### **What makes you excited to come to work each day/pursue your career? What are you passionate about? What brings a smile to your face at work?**

Over the last 15 years, I have been a part of thousands of births. I am blessed that my job allows me to witness the magic of new life over and over again (it never gets old). We also care for women/families going through some of the most tragic experiences in their lives. My hope is that the care and education that I give to my patients helps them to navigate a little easier through these transitions in life. I work with an amazing team of nurses, doctors and OB techs who make coming to work even more worthwhile.



3/22/2021

### Patient Care Council

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#### Professional Development Council

- ❖ SMART Goal #1: Increase BSN or higher rate by 1% by year-end, compared to prior year.
- ❖ SMART Goal #2: Increase National Certification rate by 1% by year-end, compared to prior year.
  - Celebration of certified nurses' day on March 19!
- ❖ SMART Goal #3: Identify and implement at least one tactic by 11/2021 to improve nurse retention and satisfaction that may include clinical ladder, and/or nursing preceptorship reinvention.
  - Preceptor classes will be available every month and those interested can sign up in Olie.
  - Peer review is in process and will be completed by April 20, 2021.
- ❖ Continue to nominate your coworkers for the DAISY award!

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#### Quality & Safety Council

- ❖ SMART Goal #1: Nurses will enter an order for wound care assessment within 24 hours of admission for patient with wounds.
  - The 4 eyes skin assessment is being piloted on 3 units to hopes to increase compliance with skin assessment documentation.
- ❖ SMART Goal #2: Decrease CLABSI SIR from January 2021 to December 2021.
  - A new central line dressing is coming this month!
- ❖ SMART Goal #3: Maintain a consistent overall hand hygiene goal of 90% or above based on Overall HHCI from DebMed system.
  - Don't forget to push the lever all the way to the wall when using hand sanitizer.

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#### Practice Council

- ❖ SMART Goal #1: Improve nursing satisfaction related to teamwork by developing resources for pulled staff members by May 2021.
  - A float nurse checklist is being created as well as a float experience survey.
- ❖ SMART Goal #2: Develop a Team Nursing Model for RMC.
  - Discussion and review of the AACN approach to team nursing occurred.

Other Updates: IV Medication/IV Access Recommendation Guide is being developed to help nurses determine what type of line is appropriate for their patient.



# Magnet Minute



## **RMG (Riverside Medical Group) Council**

SMART Goal #1: Develop and host the RMG Skills Day with 90% attendance by the end October 2021 **(revised goal due to May being very busy month).**

SMART Goal #2: Improve Health Maintenance Quality Measures for meds, allergies and immunizations **5%** by December 31, 2021. (TBD) **Currently 84%.**

SMART Goal #3: Increase the ambulatory nurse certification rates by 1% by December 31, 2021.

SMART Goal #4: Increase Workforce Board Grant Applications by **3** by December 31, 2021.

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## **Research Council**

- ❖ In 2021 the Research Council will implement a Research Based Article Club (name might change), that will be completed by 10 RNs (approximately 1% of Riverside RNs) per quarter beginning second quarter 2021. This completion will be measured by having at least 10 RNs submit a paragraph of at least 250 words relating the article to their Riverside practice and how they shared the information with their peers. **Coming in April 2021!**
- ❖ Research Council will implement a research project by 12/31/21.

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## **Night Shift Council**

- ❖ SMART Goal #1: Improve night shift employee satisfaction by December 2021 (metric TBD)
  - NSC is working with REACH and Well in Mind to promote employee wellness. Based off the survey, staff reported shopping as a stress relief. **Starting in April the Gift Shop will be open during Midnight Meals!**
- ❖ SMART Goal #2: Provide monthly educational tip sheets with the coffee cart by December 2021
  - March Coffee Cart dates are March 19 and March 24. Education will focus on patients in Observation status.

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## **Coordinating Council – Magnet Fair**



Vicki Hess, RN, MS, CTP, CVP,  
Top 5 Healthcare Speaker

**Wednesday, May 12, 2021**

**Thursday, May 13, 2021**

Session 1: 9am-12pm

Session 3: 8am-11am

Session 2: 1pm-4pm

Session 4: 12pm-3pm

**\*\*\*Mandatory for all RMC and SL Nurses\*\*\***

Sign up in OLIE by searching “Magnet Fair”