



# MAGNET MINUTE

Quarterly newsletter of Nursing Excellence and Shared Governance

Quarter  
One  
2024



## A NOTE FROM YOUR CNO



Dear Nurses and Nursing Team Members,

Spring in the Midwest is a time of awakening. It is a time of new growth. Our world is changing as the spring flowers start to bloom, buds appear on trees, the days are getting longer as we drive to or from work, no longer in the dark. Excitement is created for those whom are following the "March Madness" NCAA basketball tournament or opening day for the Cubs or White Sox. Spring is a reminder that the hockey season is ending and that the Stanley Cup Playoffs are about to start.

You know that every day that you work with patients, that you will touch a life or you will be touched by someone's life. You can't help but to grow, in knowledge, in patience in empathy or compassion. You grow in the understanding of what it means to be an integral part of a profession that is mission driven to make the happy and most difficult journeys remarkable for those we care for.

Take a moment this spring to reflect on your own growth. Think of where you were a year ago and where you are now. Take pride in your personal and professional growth over the past year-if you think about it is abundant.

Happy Spring however you enjoy this time of year.

Kathy A. O'Grady RN, MSN  
Vice President of Nursing and Chief Nursing Officer

## Quick Updates

A Look at the First Quarter in Pictures

Check out Upcoming Events at Riverside

Submit Degrees and Certifications to [olieeducation@rhc.net](mailto:olieeducation@rhc.net)

Interested in joining a council? Scan this QR code to fill out the form:



Questions?  
Contact Erika Ohlendorf,  
Magnet Program Manager at [eohlendorf@rhc.net](mailto:eohlendorf@rhc.net)

Do you have a question for Kathy?  
Ask it here:



# QUICK RECAP IN PICTURES OF THE FIRST QUARTER



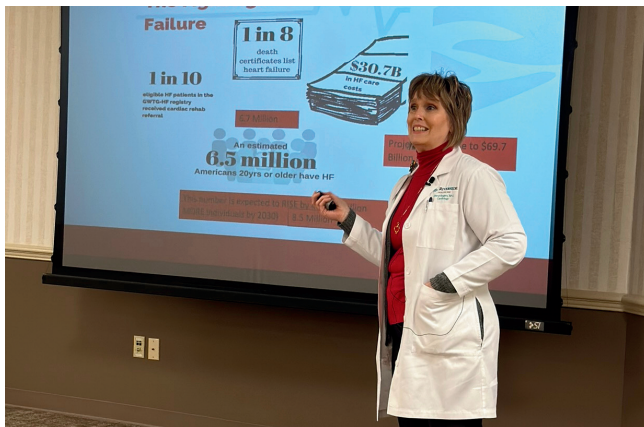
## DAISY & Butterfly Breakfast

On January 25th, we gathered to celebrate our nurses, CNAs, and techs who were nominated during the previous year by patients, patient families, or co-workers. A big thank you to everyone who attended the breakfast and thank you to our staff, who continues to go above and beyond to make sure our patients have a remarkable experience at Riverside.

## DAISY Award Winners

Three individuals were named DAISY Award Winners:

- McKenna Ganassin
- Katrina Whitten
- Karen Moore



## Nursing Grand Rounds

Cheri Rogers, NP-C, CHFNP, presented on Heart Failure during February. She provided a case study for the group to review to better understand how heart failure management can improve patient outcomes.

## Certified Nurses Day

On March 19th, Riverside celebrated Certified Nurses Day. Certified Nurses Day celebrates the dedication and expertise of certified nurses worldwide, recognizing their commitment to excellence in patient care and ongoing professional development. It serves as a tribute to the vital role certified nurses play in ensuring quality healthcare delivery and promoting patient safety across diverse healthcare settings.



## NEW CERTIFICATIONS

Olivia Wilson, Oncology

## NEW DEGREES

Jaiden Longtin, BSN  
Jeanna Miller, BSN  
Aidan Butz, BSN  
Tiffanie Markle, BSN  
Ashlei Bonk, BSN  
Alexis O'Hara BSN

Please note: This list is developed from staff turning in a copy of their credentials (certification or degree) to the Organizational Development & Learning Department at Riverside. Please send a copy of your certification to [OLIEducation@rhc.net](mailto:OLIEducation@rhc.net).

THANK YOU for helping us keep our records up-to-date.



Interested in joining a council?  
Email Erika Ohlendorf at [eohlendorf@rhc.net](mailto:eohlendorf@rhc.net).



## Nurse Residency Cohort 6 Graduation

Congratulations to our newest cohort of RNs who graduated from our partnership Vizient/AACN Nurse Residency Program™. This program helps new graduate nurses transition from academics to practice, further developing skills to become successful partners in our healthcare team.



## Butterfly Award Winners

Two individuals were named Butterfly Award winners:

- Alyssa Movern
- McKenna Salzman

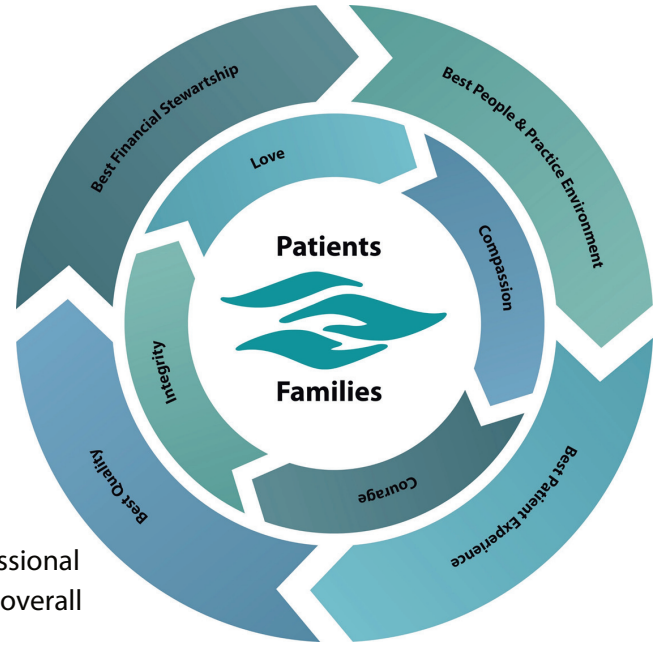
# RIVERSIDE PROFESSIONAL PRACTICE MODEL

Introducing Riverside's new Professional Practice model. This model was designed to support the 2024-2028 Nursing Strategic Plan.

A nursing professional practice model is a framework that guides the delivery of nursing care within an organization. It encompasses the values, beliefs, theories, and principles that shape how nurses approach their work and interact with patients, families, and colleagues. This model serves as a roadmap for nursing practice, emphasizing accountability, collaboration, and the promotion of patient well-being.

It's important because it provides a clear direction and standardization for nursing care, ensuring consistency and quality across different healthcare settings. By aligning with the organization's mission and goals, a nursing professional practice model helps enhance patient outcomes, foster professional growth and development among nurses, and ultimately contribute to the overall effectiveness and efficiency of healthcare delivery.

A Professional Practice is not what you do as a nurse, but how you do it and why.



## EVENTS & MORE

### Nurses Month Activities:



#### Yoga Class

May 2 at 2 p.m.  
Riverside Health Fitness Center  
100 Fitness Dr, Bourbonnais



#### Nursing Grand Rounds

May 12 at 12 p.m.  
Johnson Lecture Hall  
500 N. Wall Street, Kankakee



#### Trivia Night

May 23 at 6 p.m.  
The Lush Vine  
150 N Schuyler Ave Ste 101, Kankakee



#### Nursing Honor Guard

May 29 at 4 p.m.  
The Reflection Garden at RMC  
350 N. Wall Street, Kankakee

Years of Service Raffle - Every year worked at Riverside is one entry

## RIVERSIDE SHARK TANK

**JUNE 19TH**  
**FROM 1 TO 3 P.M.**  
**JOHNSON LECTURE HALL**

### Giving back:

Volunteerism Raffle - Win a massage as a thank you for volunteering your time!  
one hour of volunteerism is one entry



(Volunteer hours valid from May 2023-May 2024)



### Family Fun Day

May 18 at 1 to 7 p.m.  
Adventure Commons  
70 Ken Hayes Drive, Bourbonnais