

# POST-PARTUM MENTAL HEALTH: WHAT PARENTS, PARTNERS, AND CAREGIVERS NEED TO KNOW

## Lunch & Learn



Course evaluation and a  
KCC Contact Hour  
Registration form will be  
available post course and  
must be completed in  
order for you to receive  
contact hours.

Continuing hours for physical and occupational therapists will be available through the Illinois Department of Professional Regulation. The presenter(s) disclosed they have the following relevant financial relationships(s) in the production of this activity: reviewed, evaluated or compared in this presentation. Presenter(s) are receiving financial compensation as medical providers at Riverside Healthcare. The presenter(s) verify that they have NO additional affiliations, such as involvement in any organization or entity with any financial interest (such as honoraria, educational grants, participation in speakers' bureaus, consulting, honoraria, royalties, stock ownership, or other equity interests) and no competing financial interests (such as honoraria, educational grants, participation in speakers' bureaus, consulting, honoraria, royalties, stock ownership, or other equity interests) and no competing financial interests (such as honoraria, educational grants, participation in speakers' bureaus, consulting, honoraria, royalties, stock ownership, or other equity interests) in the subject matter or materials discussed in this event.

## Well In Mind CE Event!

- Causes, symptoms, & consequences of post-partum mental health concerns
- Stress management tools for coping with post-partum experiences
- Resources for holistic treatment options
- Focused on partners, parents, and any caregivers in the newborn phase



**Johnson Lecture Hall  
RMC Hospital Basement**

- Virtual option available
- Specify virtual or in person
- when you register



**Tuesday May 23, 2023  
12 PM**

To Register:  
Email Laura Hogan @  
lhogan@rhc.net