

Join us in May to

# Bring Awareness to Mental Health

## Mental Health Awareness Fair & Ice Cream Social

Friday, May 13 | 10 a.m. to 2 p.m.  
Riverside Healthcare Pavilion  
375 N Wall Street, Kankakee, IL

## Youth Mental Health & Wellness Fest

Saturday, May 14 | 8 a.m. to 12 p.m.  
Kankakee Farmers Market  
250 S Schuyler Ave, Kankakee, IL

## Boost Your Mood (Riverside Employees)

Monday, May 16 | 8 a.m. to 12 p.m.  
Riverside Medical Center -  
Johnson Lecture Hall  
350 N Wall Street, Kankakee, IL

## Break the Stigma: Stories of Mental Health & Healing in our Community

Thursday, May 19 | 5:30 to 7:30 p.m.  
(Presentation from 6 to 7 p.m.)  
Kankakee Area YMCA - Main Gym  
1075 Kennedy Dr, Kankakee, IL